

**TO:** ALL PATCH SPRINT PARTICIPANTS

**FROM:** Erin, Greg and Tim

## **FINAL NOTICE FOR THE 2010 PATCH SPRINT**

### **PRE-RACE**

**REGISTRATION:** If you have not already done so, payment must be made prior to the race. Friday evening is preferred; a registration booth will be set up at the race expo. Cash and personal checks are accepted. At that time you will receive your race packet, consisting of your number, T-shirt, safety pins and more. **Registration for racers and trekkers is closed**, but you are welcome to give a small donation and watch the race. There will also be a small fee for meals and lodging, if availability remains.

**WAIVER FORM:** The Patch Sprint is staged on both private and public land. The event can be dangerous; in the past, some people have gotten lost. Therefore, **all racers and trekkers must sign a “waiver liability” sheet.**

**LODGING:** being provided by Pok-O-MacCready camps is for ***REGISTERED PARTICIPANTS ONLY.***

Accommodations have been assigned for requesting registrants, who have received a separate policy letter. Lodging is available for the evening of Sunday (5/30), **only if you are planning to take part in Sunday’s Alumni Work project** (see below). If you are not assigned housing, but wish to stay at camp, please [contact](#) us immediately.

You are free to make off-campus housing arrangements, but your assigned housing assignment will be the *only camp facility* available for your use.

All cabins must be cleaned prior to your departure. In accordance with camp regulations, alcohol will not be permitted on Pok-O-MacCready property.

**DOGS:** are permitted but must be under yours, or someone’s care and behavioral control at all times. Please pick-up after your pet.

**PRE-RACE MEAL:** A free pasta dinner will be held on Friday at 7:00pm at Pok-O-MacCready's Robinson Hall, preceded by a **Race Expo**, beginning at 6:00. This is also a good time to pay outstanding fees, and check the information board featuring course maps, photos, products, raffle information, past results and last minute notices.

**Weigh-In** for Clydesdale Racers will take place Friday evening. If you fail to exceed 200 pounds, you may be switched to the division of your choosing.

**SATURDAY BREAKFAST:** Complimentary bagels, cream cheese, juice and fruit will be served in Robinson Hall from 7:00-8:45am.

**VOLUNTEERS:** Will be contacted individually regarding specific duties. Please join us on Friday evening at 8:00pm for a volunteer meeting or, at the very latest, Saturday morning by 7:30am, prior to Start #1.

## **THE RACE**

**-EARLY BIRD START - for requesting Trekkers:** is scheduled for 7:30am. Participants are responsible for their own race timing.

**-START #1 - for Trekkers, and other selected racers :** Please check in at the start no later than 7:45am. **The start will be at precisely 8:00am!**

**-START #2 - for General racers:** Please check in at the start no later than 8:45am. **The start will be at precisely 9:00am!**

**-START #3 - for Elite racers:** Please check in at the start no later than 9:45am. **The start will be at precisely 10:00am!**

**-START #4 - "KINDER-SPRINT":** Will be at 11:00am at the base of Mt. Pok-O-Moonshine. Please report 15 minutes prior to start time for a racer photograph. Late Registration will take place Saturday morning at the Patch Sprint start, or at approx. 10:45am at the base of Pok-O. All racers must arrive with a designated chaperone (although chaperones are welcome to supervise multiple racers).

**AID STATIONS:** Along the course will feature water; KobakathonRX2K10®; cookies; candy; energy gels (GU); fruit.

## **ALL PARTICIPANTS:**

**Must pay their fees and complete a waiver form** prior to receiving a race number....**Must have their RACE NUMBERS visible** (This is essential for timing and private property access).

**Please make arrangements** to have your personal gear (no more than five pounds) brought to the finish, on the summit of Pok-O-Moonshine. If you cannot make arrangements for this, please see Erin Canning or Greg Henderson (**NOTE**- Trekkers are responsible for carrying their own gear).... **Remember** to either carry all empty food and beverage containers, or dispose of them at the next garbage bag along the course... It is advised that you **wear a watch** and keep track of your own summit splits in the event of a race timing breakdown. Check with us for the official race time.

-WE STRONGLY ADVISE PARTICIPANTS NOT INTIMATELY FAMILIAR WITH THE ENTIRE COURSE TO OBTAIN AND CARRY DETAILED DIRECTIONS.

- Race number assignments are based on most recent Patch Sprint placing.

**DIRECTIONS:** 112 N. Reber Road, Willsboro, NY. ([See MapQuest](#))

**PARKING:** Please use the large lot (CPL) at the start of the race course rather than parking on the street. **For anyone planning on bringing a vehicle to the base of Mt. Pok-O-Moonshine:** Park your car on the road beyond (South of) the fence and proceed directly to the hiking trail. If the State Park is open, parking/trespassing restrictions will be in effect.

**SPECTATORS, et al:** All guests, spectators, and volunteers relieved of their duties should make arrangements to be on top of Pok-O-Moonshine by 11:20am. The first “Kinder Sprinters” should be at the finish shortly thereafter, with other runners and trekkers arriving between 11:45am - 1:30pm. Car-pooling and ride coordination is suggested. During the race,

the 1812 Homestead, The start area and the base of Pok-O make for a fine viewing areas.

## **POST-RACE**

**PARTY #1:** We hope that, as a courtesy, all participants **will remain on top of Pok-O-Moonshine until the final “Patch Sprinter” has completed the course.** On top, there will be an unofficial award presentation, food, drink, a group photograph, and a sweeping view of the entire 12-mile Patch Sprint course.

**\*\*\* Summit Group photo is scheduled for 1:30pm. \*\*\***

**RETURN TO CAMP:** Courtesy vans will depart from the base of Mt. Pok-O-Moonshine, returning to Pok-O-MacCready. Shuttle will run approximately every 30 minutes between 2:30-4:30pm.

**PARTY #2:** A barbecue dinner will start at 6:00pm at Robinson Hall. Non-registered guests are welcome, for a fee of \$5. **Featured events** include a Barbecue, raffle, awards, giveaways and a slide show. This will be an alcohol-free event.

**PARTY #3:** All registered participants are invited to an “after-hours” party at Willsboro Point. Start time: Approximately 9:00pm. Guests are welcome. The party is at a private residence; BYOB. Persons under 21 may neither drink, nor be given alcohol.

**PROTESTS and COMPLAINTS:** Must be brought to our attention no later than 3:00pm on Saturday. The race committee will try and resolve all issues as soon as possible.

**POK-O-MacCREADY ALUMNI WORK DAY** will be held Sunday, May 30, following a 9:00 breakfast. This semi-annual event has been purposely scheduled and cross-promoted in conjunction with the Patch Sprint. Camp Director Sharp Swan will lead us in a selection of group projects. Our thanks, in advance, to those who have signed up. As Pok-O-Macready is generously offering its facilities and services for our race, your support- if even only for a few hours- would be greatly appreciated by both

camp, and the Patch Sprint committee. Breakfast and lunch will be served, and an informal social will follow.

**GOLF TOURNAMENT:** An informal golf outing is planned for Sunday, May 30, 2:00pm at the Willsboro Golf Course.

**IN CASE OF RAIN:** The Race/Trek will go on as scheduled. Lightning/thunder may compel the postponement or cancellation of the race.

**OFFICIAL RESULTS:** Will be posted on the Patch Sprint web site by Tuesday, June 1, if not sooner.

**FOR MORE INFORMATION:** We urge you to check the web site and click on “EVENT INFO”, “FAQ” and “BREAKING NEWS”.

If you have any questions, please contact us at: [patchsprint@yahoo.com](mailto:patchsprint@yahoo.com)

**GOOD LUCK TO ALL 2010 PATCH SPRINT  
PARTICIPANTS!**