

TO: ALL PATCH SPRINT PARTICIPANTS

FINAL NOTICE FOR THE PATCH SPRINT

PRE-RACE

CHECK-IN: If you have not already done so, payment must be made prior to the race. Friday evening is preferred; a registration booth will be set up and credit cards, cash and personal checks are accepted. At that time, you will receive your race packet, consisting of your number, shirt, gift, and safety pins. **Friday & Saturday check-in** will be located at Pok-O Queen at Camp MacCready (1391 Reber Road, Willsboro, NY 12996). (SEE Map)



CHECK IN DEADLINES: In order to receive your packet, with race number (required to be on course), you should check-in **NO LATER THAN:**

- Trekkers and self-starters: by 8:00 Friday evening
- 8:30 Starters: by 8:10 Saturday morning
- Half-Sprinters: by 8:40 Saturday morning
- 9:30 Starters: by 9:00 Saturday morning
- Kindersprint: by 10:10 Saturday morning at Pok-O Mt.

(However, we encourage all to check-in and have dinner at camp Friday. If you cannot make the deadline, please have someone pick up your packet)

WAIVER FORM: The Patch Sprint is staged on both private and public land. The event can be dangerous; in the past, some people have gotten lost. **All racers and trekkers must sign a “liability and photo release” waiver.**

DOGS: are permitted but must be leashed or under your behavioral control. If requested by anyone, leash your pet. Please pick-up after your dog.

LODGING: being provided by Pok-O-MacCready camps is for **REGISTERED PARTICIPANTS ONLY**. Accommodations have been assigned for registrants, who have received a separate policy letter.

Please do not enter private cabins... **Swimming and boating** is prohibited... Alcohol, tobacco and drugs are not permitted in assigned housing or public places. Children under 17 must be supervised at all times.

PRE-RACE MEAL: A free pasta buffet will be held on **Friday from 6:30-8:00pm** at Camp MacCready's *Pok-O Queen*. This is also a good time to pay outstanding fees and check the information board featuring course maps and last-minute notices.

Weigh-In for Clydesdale Racers will take place Friday evening. If you fail to exceed 200 pounds, you may be switched to another division.

SATURDAY BREAKFAST: Complimentary bagels, cream cheese, coffee, juice and fruit will be served in the Pok-O Queen from 6:45-8:30am.

VOLUNTEERS: Have been contacted regarding specific duties (see schedule **HERE**). Please join us on **Friday evening at 7:30pm** for a volunteer meeting or, at the very latest, check in with Tim Singer by Saturday morning, 7:00am.

THE RACE

SELF-STARTERS - for Trekkers: Please check in Friday night. Participants are responsible for their own race timing. Early aid station provisions may not be offered. **There will be an organized trekker start at precisely 7:00am!**

RUNNERS & RACERS: Please be at the start no later than 10 minutes prior to your scheduled start time **OR** 30 minutes before, if you did not check-in on Friday evening.

“KINDER-SPRINT”: Will start at **10:30am** at the base of Mt. Pok-O-Moonshine. Please report at least 15 minutes prior to start time. Packet pickup and Late Registration will take place Saturday morning at camp, or at approx. 10:00am at the base of Pok-O. All Kindersprinters must arrive with

a designated chaperone (although chaperones are welcome to supervise multiple racers).

AID STATIONS: will consist of fruit, energy gels, Gatorade® and water... Aid stations attendants will be on hand, but Racers & trekkers may help themselves and please pocket - or toss in the garbage - your empty packets and cups.

DROPOUT RUNNERS/TREKKERS: Those choosing to retire from the course are asked to report to the Homestead aid station, the base of Pok-O-Moonshine, the registration desk (Pok-O Queen), or tell a summit timer. This will allow race officials to have an accurate accounting of anyone who fails to arrive at the finish of the course, or the top of each mountain.

ALL PARTICIPANTS:

Must pay their fees and sign the waiver form prior to receiving a race number... **Must have their RACE NUMBERS visible** (This is essential for timing and private property access).

Please make your own arrangements to have personal gear brought to the finish, back at the base of Pok-O-Moonshine. **Remember** to either carry all empty food and beverage containers, or dispose of them at the next garbage bag along the course... It is advised that you **wear a watch** and keep track of your own summit splits in the event of a race-timing breakdown. Check with us for the official race time.

-WE STRONGLY ADVISE PARTICIPANTS NOT INTIMATELY FAMILIAR WITH THE ENTIRE COURSE TO CARRY DETAILED DIRECTIONS (found on our web site).

PARKING: Please use the large lot (CPL) at the start of the race course, rather than parking on the street.

SPECTATORS, et al: Are welcome to watch along the course. One great spot is the 1812 Homestead aid station. Spectators are *NOT* encouraged to climb to the finish at Pok-O-Moonshine as our racers & trekkers represent our event's permitted capacity.

(more)

POST-RACE

After you finish: In agreement with the state environmental agency, finishers are asked to not spend more than 15 minutes on the summit of Pok-O. Race directors will be on top to insure we uphold our contract with the DEC. **ALSO**, we ask that racers and trekkers descend via the alternate south trail. This path is longer, but much easier, the first of many finish parties will be held at the trailhead, and shuttles will be waiting to take you back to camp.

RETURN TO CAMP: **VAN SHUTTLE SERVICE** from the finish, back to the start, will leave from the south Pok-O parking lot from 12:30-2:30.

POST-RACE MEAL: An event celebratory barbecue will start at 4:00pm at the *Pok-O Queen*, with a meal and a few select announcements. Overall & Division winners will be announced and able to pick up their awards. *Feel free to gather any time before 4.* **Please bring a blanket** as this will be an outdoor picnic (weather permitting).

After hours: Please consider joining us at the [Ausable Brewing Company](#) for an evening of beverages, socializing, and post-race wind-down.

PROTESTS and COMPLAINTS: Must be brought to our attention no later than 3:00pm Saturday. The race committee will try and resolve all issues as soon as possible.

POK-O-MacCREADY VOLUNTEER PROJECTS and EVENT CLEAN-UP will be held Sunday, May 29. Our thanks, in advance, to those who have signed up. If you are not scheduled to help out but want to, let us know. Both the Patch Sprint, and Pok-O-MacCready Camps can use your help.

IN CASE OF RAIN: The Race/Trek will go on as scheduled. Lightning/thunder may compel the postponement or cancellation of the race.

OFFICIAL RESULTS: Will be posted on the Patch Sprint web site by Monday, May 30, if not sooner.

FOR MORE INFORMATION: We urge you to check the [website](#) and click on “EVENT INFO”, “FAQ” and “NEWS”.

If you have any questions, please contact us at: patchsprint@gmail.com